

**2019 GOLDEN BEAR OPEN JAN 18-20, 2019**

FINAL SCHEDULE FRIDAY JANUARY 18, 2019 VARSITY WINDOW						FINAL SCHEDULE FRI JAN 18, 2019 VARSITY WINDOW					
Time	Event	Age Category	Gender	Heat/Final	# of Heats	Horiz Jumps - Main Pit	Horiz Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	Throws Cage	Throws Wooden
4:00PM	60mH	Open/Varsity	Women - Pent		2	Men LJ - Flight 1 (6)		Open Women		Open Men SP (18)	
4:06PM	60mH	Open/Varsity	Women	Heats	2						
4:15PM	60m	Open/Varsity	Men - Hep								
4:20PM	60m	Open/Varsity	Men	Heats	7						
4:40PM	60m	Open/Varsity	Women	Heats	5	Men LJ F 2			Pent		
4:50PM							Hep Men				
5:00PM	3000m	Open/Varsity	Men	Timed Final	2	Men LJ Final					
5:20PM											
5:30PM	3000m	Open/Varsity	Women	Timed Final	1						
5:50PM	60mH	Open/Varsity	Women	Final	1						Hep
6:00PM	4x800m	Open/Varsity	Men	Timed Final	1					Open WSP + F20 (20)	
6:10PM	4x800m	Open/Varsity	Women	Timed Final	1						
6:15PM						Women LJ Flight 1 (16)					
6:30PM	4x200m	Open/Varsity	Men	Timed Final	3						Pent
6:40PM								Hep Men			
6:50PM	4x200m	Open/Varsity	Women	Timed Final	2						
7:30PM						Women LJ Flight 2 (12)	Pent Women				
<b>MIDGET/U18/U20/Masters WINDOW</b>						<b>MIDGET/U18/U20/Masters WINDOW</b>					
7:45PM	2000m	U16	Men	Timed Final	1						
7:55PM	2000m	U16	Women	Timed Final	1						
8:05PM	3000m	U18/U20/ Master	Men	Timed Final	1	Women LJ F					
8:25PM	3000m	U18	Women	Timed Final	1						
8:45PM	800m	Open/Varsity	Women - Pent		1						

FINAL Sat JAN 19, 2019 MIDGET/U18/U20/Masters WINDOW						FINAL Sat JAN 19, 2019 MIDGET/U18/U20/Masters WINDOW					
Time	Event	Age Category	Gender	Heat/Final	# of Heats	Horiz. Jump - Centre Pit	Horiz Jumps - Wall Pit	Pole Vault	High Jump	Throws Cage	Throws Wooden
9:30M										Open W - WT (20)	
10:00AM	60mH	U16	Men	Prelims	1	U16 Men LJ (14)	U16 W - LJ Flight 1 (10)		U18/U20: Men: Centre W: West		
10:05AM	60mH	U16	Women	Prelims	2						
10:15AM	60mH	Bantam	Men	Prelims	1						
10:18AM	60mH	Bantam	Women	Prelims	1						
10:25AM	60m	U18	Men	Prelims	3						
10:34AM	60m	U20	Men	Prelims	3						
10:43AM	60m	U18	Women	Prelims	3						
10:52AM	60m	U20	Women	Prelims	2		U16 Women - LJ Flight 2 (10)		Masters HJ West Pit		
11:05AM	60mH	Open/Varsity	Men - Hep		1						
11:10AM	1000m	U16	Men	Timed Final	1						
11:15AM	1000m	U18	Men	Timed Final	1						
11:20AM	1000m	U20	Men	Timed Final	1						
11:30AM	60mH	U16	Men				U16 W LJ Final				
11:35AM	60mH	U16	Women							Open M WT (18)	
11:40AM	60mH	Bantam	Men	Final							
11:45AM	60mH	Bantam	Women	Final				Hep Men			
11:55AM	60m	U18	Men	Final							
11:58AM	60m	U20	Men	Final							
12:01AM	60m	U18	Women	Final							
12:04AM	60m	U20	Women	Final							

FINAL Sat JAN 19, 2019 Varsity Window						FINAL Sat JANUARY 19, 2019 Varsity Window					
Time	Event	Age Category	Gender	Heat/Final	# of Heats	Horiz. Jumps - Centre Pit	Horiz Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	Throws Cage	Throws Wooden
12:00PM						Open M - TJ (8)			Open M (15)		
12:45PM	60mH	Open/Varsity	Men	Heats	2						
1:00PM	300m	Open/Varsity	Men		8						
1:30PM	300m	Open/Varsity	Women		7	Open W - TJ (13)					
1:55PM	60m	Open/Varsity	Men	Semi	3						
2:05PM	60m	Open/Varsity	Women	Semi	3						
2:15PM	600m	Open/Varsity	Men	Timed Final	4			Open Men			
2:30PM	600m	Open/Varsity	Women	Timed Final	4				Open W (11)		
2:50PM	60mH	Open/Varsity	Men	Final	1						
3:00PM	60m	Open/Varsity	Men	Final	1						
3:03PM	60m	Open/Varsity	Women	Final	1						
3:10PM	1000m	Open/Varsity	Men	Timed Final	2						
3:20PM	1000m	Open/Varsity	Women	Timed Final	1						
3:25PM	1000m	Open/Varsity	Men - HEP	Timed Final	1						
3:35PM	1500m	Open/Varsity	Men	Timed Final	2						
3:50PM	1500m	Open/Varsity	Women	Timed Final	2						
4:10PM	4x400m	Open/Varsity	Men	Timed Final	2						
4:20PM	4x400m	Open/Varsity	Women	Timed Final	1						

Sat JANUARY 19, 2019 MIDGET/U18/U20/Masters WINDOW						Saturday JANUARY 19, 2019 MIDGET/U18/U20/Masters WINDOW					
Time	Event	Age Category	Gender	Heat/Final	# of Heats	Horiz Jumps - Centre Pit	Horiz Jumps - Wall Pit	Pole Vault	High Jump	Throws Cage	Throws Wooden
5:00PM	60mH	U20	Men	Prelims	1	U18 Flight1 - LJ : Men(7)	U18/U20 - LJ : W (12+4)		U16 M&W Men: West W: Centre	U18/U20 /F41 (9)Men- SP	U16/Masters W - SP (10 +3)
5:05PM	60mH	U18	Men		1						
5:10PM	60mH	U20	Women	Prelims	1						
5:15PM	60mH	U18	Women		1						
5:25PM	60m	U16	Men	Prelims	2						
5:31PM	60m	U16	Women	Prelims	5						
5:30PM								U16/U18/ U20- W&M			
5:50PM	1000m	U16/U18/ U20	Women	Timed Final	1	U18 Flight 2 (10) U20 (2)					
6:00PM	60mH	U20	Men	Final	1						
6:05PM	60mH	U18	Men	Final	1						
6:10PM	60mH	U20	Women	Final	1						
6:15PM	60mH	U18	Women	Final	1						
6:20PM	60mH	Masters	Women	Final	1						
6:30PM	60m	Masters	Men	Final	1	U18 Final				U18/U20/ F40/F41 W - SP (13)	U16/Masters M - SP (6 +5)
6:33PM	60m	U16	Men	Final	1						
6:36PM	60m	U16	Women	Final	1						
6:45PM	300m	U20	Men	Timed Final	2						
6:51PM	300m	U18	Men	Timed Final	4						
7:05PM	300m	U20	Women	Timed Final	1				TM		
7:08PM	300m	U18	Women	Timed Final	3						
7:20PM	300m	U16	Men	Timed Final	2						
7:26PM	300m	U16	Women	Timed Final	3						

Sun JANUARY 20, 2019 MIDGET/U18/U20/Masters WINDOW						Sun JANUARY 20, 2019 MIDGET/U18/U20/Masters WINDOW					
Time	Event	Age Category	Gender	Heat/Final	# of Heats	Horiz Jumps - Centre Pit	Horiz Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	Throws Cage	Throws Wooden
10:00AM						U16/U18/ U20 M(9)				U16/U18/U20 /Masters W - WT (9)	
11:00AM	1500m	U18/U20	Men	Timed Final	1						
11:07AM	1500m	U18/U20	Women	Timed Final	1						
11:15AM	1200m	U16	Men	Timed Final	1						
11:22AM	1200m	U16	Women	Timed Final	1						
11:30AM	200m	Open - Wheelchair		Timed Final	1	U16/U18/ U20/Masters W (15)				U16/U18/U20 /Masters M - WT (10)	
11:40AM	200m	U16	Men	Timed Final	4						
11:52AM	200m	U18	Men	Timed Final	5						
12:07AM	200m	U20/Open	Men	Timed Final	3						
12:16PM	200m	Masters	Men	Timed Final	1						
12:19PM	200m	U16	Women	Timed Final	7						
12:40PM	200m	U18	Women	Timed Final	4						
12:52PM	200m	U20/Open/ Masters	Women	Timed Final	3						
1:00PM	600m	U16	Men	Timed Final	1						
1:04PM	600m	U18	Men	Timed Final	2						
1:12PM	600m	U20	Men	Timed Final	1						
1:16PM	600m	U16	Women	Timed Final	1						
1:20PM	600m	U18	Women	Timed Final	1						
1:24PM	600m	U20/Masters	Women	Timed Final	1						
1:40PM	4x200m	U16/U18	Men	Timed Final	1						
1:50PM	4x200m	U16	Women	Timed Final	1						
1:55PM	4x200m	U18/U20	Women	Timed Final	1						